

Have you finished
cancer treatment,
or about to?

Treatment's finished ... What now?

This free educational session will provide people with support and information in the transitional period following cancer treatment. Participants will have the opportunity to gain understanding into common concerns faced by cancer survivors and the opportunity to share experiences in a supportive and safe group environment. The session includes guidance and suggestions aimed at promoting effective adjustment and coping after treatment.

When: Thursday, 29th September 2016
Time: 8.45 am – 1:30 pm
Where: Bowls Club, 1 Seligman Avenue, Mundubbera

Topics will include:

- ▶ What does being a cancer survivor mean?
- ▶ Dealing with emotions commonly experienced when treatment ends
- ▶ What are long term and late effects?
- ▶ Understanding and dealing with the ways cancer and its treatment may affect their relationships and sexuality.

Light refreshments provided. Please indicate if you have any special dietary requirements.

RSVP: Required by Monday, 26 September, 2016

Register on-line on our website

<https://cancerqld.org.au/get-support/ccq-events/information-sessions>

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**Bookings
are
essential!**